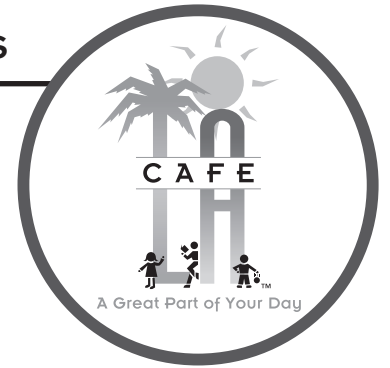


# INSTRUCTIONS: How to Properly Heat Your Meals

---



## Morning Beef Sausage Sandwich:

- Oven Temperature - 325°F
- Heating time approximately 18-20 minutes
- Heat until internal temperature reaches 160°F

## Turkey Ham & Cheese on Hawaiian Roll

- Oven Temperature - 325°F
- Heating time approximately - 18-20 minutes
- Heat until internal temperature reaches 160°F

## Beef & Cheese Burrito:

- Oven Temperature - 300°F
- Heating time approximately 11-13 minutes
- Heat until internal temperature reaches 160°F

## Cheese Pizza Wedge

- Oven Temperature 350°F
- Heating time approximately 17-19 minutes
- Heat until internal temperature reaches 160°F

## Three Bean Vegan Chili:

- Oven Temperature 350°F
- Heating time approximately 10 minutes
- Heat until internal temperature reaches 160°F

## Chicken & Cheese Burrito:

- Oven Temperature 300°F
- Heating time approximately 11-13 minutes
- Heat until internal temperature reaches 160°F

## Beef Salisbury Steak & Gravy:

- Oven Temperature 350°F
- Heating time approximately 20-22 minutes
- Heat until internal temperature reaches 160°F

## Vegan Burrito:

- Oven Temperature 300°F
- Heating time approximately 11-13 minutes
- Heat until internal temperature reaches 160°F

## Beef Corn Dog:

- Oven Temperature 350°F
- Heating time approximately 10-12 minutes
- Heat until internal temperature reaches 160°F

## Garlicky Cheese Bread:

- Oven Temperature 350°F
- Heating time approximately 8-11 minutes
- Heat until internal temperature reaches 160°F

For more and future instructions on how to properly heat up your meals, please visit our site at: <https://achieve.lausd.net/cafela> and click the instructions image in the gallery.

or visit us at  
🐦 : @CafeLA\_lausd

📷 : CafeLA\_lausd

and  
📘 : Cafe-la Lausd